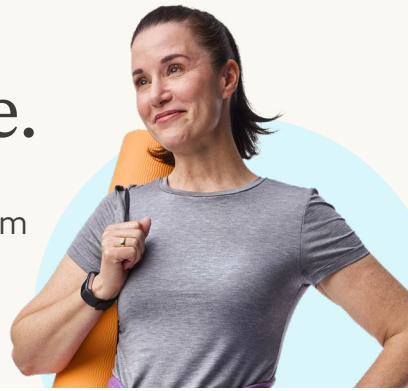


# Rally Engage is now Optum Engage.

Nothing is more important than your health. The former Rally Engage program is now Optum Engage – a wellness program with a new app and website that rewards you for taking action to get and stay as healthy as you can.



## Start earning your 2027 wellness incentive today

Complete any combination of the healthy activities outlined below to earn your reward for the following year. **You must reach 100% by Oct. 31, 2026, to earn your reward.** You can combine any activities to reach 100% and earn your reward for 2027.

### 25%

- ☐ Annual Physical Exam
- ☐ Biometric Screening (Your preferred Biometric Screening vendor is LetsGetChecked)

### 20%

- ☐ Rally Health Survey
- ☐ Mammography Screening
- ☐ Cervical Cancer Screening
- ☐ Colorectal Cancer Screening
- ☐ Achieve a Body Mass Index (BMI) less than or equal to 27.5 kg/m2

### 15%

- ☐ ORNL Santaclaustrophobia Challenge
- ☐ ORNL HealthFest
- ☐ Complete a UnitedHealthcare Disease Management Program (Asthma, CAD, CHF, COPD, Diabetes)
- ☐ ORNL Exercise Physiologist or Dietitian (set and complete your personal goal)

### 10%

- ☐ Confirm Spouse Health Survey Completion
- ☐ Confirm Your Visit with the Dentist
- ☐ 3 of 5 specific Sleep Missions (complete between 11/1/25 and 3/31/26)
- ☐ 3 of 5 specific Financial Missions (complete between 4/1/26 and 10/31/26)
- ☐ Complete an ORNL Wellness Sponsored Walk/Run or Team UT Battelle Activity (earn 10% for each 1 completed, **up to 30% total**)

### 5%

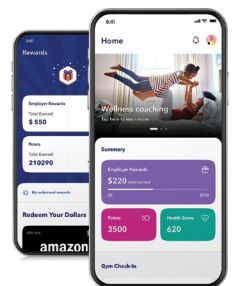
- ☐ Monthly Stride activity (complete between 11/1/25 and 2/28/2026 and receive 5% per month)

## Get started with the new Optum Engage

To earn rewards, if you previously switched or downloaded the Rally Engage app, no action is needed. If you did not previously register with Rally Engage, you can log in with HealthSafe ID® in 1 of 2 ways:

1. Go to [ornl.optumengage.com](https://ornl.optumengage.com)
2. Or download the Optum Engage app

**Note:** Access to Optum Engage is granted upon acceptance of the Terms and Conditions.



## Already have the Rally Engage app? You're all set.

As of Jan. 1, 2026, Rally Engage automatically updated to Optum Engage. No action is needed.



**Questions?** Scan the QR code or go to [optumengage.uhc4health.com](https://optumengage.uhc4health.com) to learn how to sign up for Optum Engage, earn wellness rewards, find answers to common questions, and join fun challenges and groups.

# Optum

**OAK RIDGE**  
National Laboratory

#### Optum.com

Optum Engage is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Talk to your doctor before significantly increasing your level of activity, particularly if you have a medical condition or have been inactive. Participation in the health survey is voluntary. Your health information is kept confidential in accordance with the law. This service is not an insurance program and may be discontinued at any time. This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. All trademarks are the property of their respective owners.

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